

headspace GP Workforce Pilot Expression of Interest – headspace Ipswich

Project Overview:

Darling Downs and West Moreton PHN in conjunction with headspace Centres within the region are piloting a GP Workforce activity. The duration of the GP Workforce Pilot is to 31 December 2020 with the view to continue under a self-sustaining model where the activity is successful.

Memorandum of Understanding (MOU) Development Phase: The pilot involves establishing an MOU with a local general practice to release a vocationally registered GP (VRGP) with child and youth mental health experience or an interest to acquire it and a GP Registrar (the Registrar) to deliver services onsite at the local headspace Centre. In the event of planned leave the secondary nominated GP is to backfill (preferred but not essential).

headspace is a national initiative providing tailored and holistic mental health support to young people aged 12 - 25 years old. With a focus on early intervention, headspace work with young people to provide support at a crucial time in their lives – to help get them back on track and strengthen their ability to manage their mental health in the future. This pilot opportunity exists to build the relationships between local GPs and headspace Centres to provide access to primary medical care and integrated services within headspace.

Funding Model: The PHN has funded headspace Centres to remunerate the local general practice to release an appointed GP via a hybrid billing model.

Rate:

- Three (3) hours non-contact time per week for quality improvement tasks at a flat hourly rate of \$130.00 per hour plus on-costs.
- In addition to non-contact time, the VRGP will offer five and a half hours (5.5) per week of contact time, with 80% MBS billings complemented by the flat hourly rate during the start-up period. The collective eight and a half (8.5) hours per week will be arranged over two half day sessions, to offer children and young people flexibility in appointment days and some after-hours appointment options.
- In addition, the Registrar will be required to offer at least one half-day per week contact time to the headspace Centre. The remuneration of the Registrar will be via 80% MBS billings only.

Appointments: headspace appointment scheduling will be based on 20 – 40 minutes, including Mental Health Treatment Plan (MHTP) sessions, or other mental health, physical health and sexual health related visits, for both the VRGP and the Registrar. Telehealth services are to be made available where clinically appropriate onsite from the headspace Centre.

Training: Focused Psychological Skills (FPS) training will be available to the VRGP or the Registrar via an RACGP online course as required.

Benefits to the general practice:

- strengthen working relationship with local headspace Centre;
- ability for VRGP to apply experience and learning from FPS and child and youth mental health to regular practice;
- reliable remuneration for the period of the pilot so an established clientele can sustain the service; and
- attraction of high calibre GP Registrar candidates to general practice.

Benefits to the VRGP:

- FPS training provided free of charge (to the value of \$979.00);
- role diversity, child and youth mental health experience;
- participate in team based care (see Appendix 1); and

- support from headspace National (hN) available which may include being a part of their mailing list, and GP Community of Practice meetings, online training modules, headspace National Forum or National headspace GP Workshop and opportunities to connect with headspace National GPs for peer support.

Benefits to headspace Centres, children and young people:

- offers holistic care to children and young people which aligns with headspace model of mental health; physical and sexual health, AOD and vocational support;
- assists with headspace model integrity framework accreditation;
- opportunity to work towards medical practice accredited status;
- integrates services for acquiring MHTP and hence reduces wait times - timely access is strongly linked with improved health outcomes for Young People ⁽¹⁾;
- streamlined GP recruitment process;
- enhanced continuity of care; and
- more sustainable GP workforce within the centre.

(1) *There is an established association between delayed treatment and clinical outcomes for people with first episode psychotic illnesses (Marshall et al., 2005; Perkins, Gu, Boteva, & Lieberman, 2005) and first-episode depressive illnesses (de Diego-Adeliño, 2010; Ghio, Gotelli, Marcenaro, Amore, & Natta, 2014). These studies highlight the increased effectiveness on clinical outcomes of psychiatric interventions delivered with shorter duration of untreated illness, compared to the outcomes for people who had a longer wait before receiving treatment.*

Action Required by general practice:

If your general practice is interested in being involved in the headspace GP Workforce Pilot, please complete the EOI by clicking on the online survey link - <https://www.surveymonkey.com/r/25D9QKT>.

Key Dates:

EOI Opens	1 June 2020
EOI Closes	14 June 2020
Review of Submissions	Completed by 21 June 2020
Unsuccessful Applicants Advised	Completed by 22 June 2020
Successful Applicants Advised	Completed by 23 June 2020
Interview with Medical Practice, GP & Registrar	Completed by 26 June 2020
Appointment of GP and Registrar	Completed by 3 July 2020
MOUs and onboarding commenced	Completed by 31 July 2020

Potential key roles and responsibilities of the GP (with child and youth mental health experience) position

<ul style="list-style-type: none"> • Private Practice Clinical Duties (MBS generating)-minimum of 1 half-day sessions per week
<ul style="list-style-type: none"> • Holistic care of young people in centre
<ul style="list-style-type: none"> • Timely preparation of professional headspace clinical notes in EMR
<ul style="list-style-type: none"> • Liaison with other clinical staff as appropriate (e.g. case conferences)
<ul style="list-style-type: none"> • Contemporaneous completion of data collection (hAPI2)
<ul style="list-style-type: none"> • Non direct patient care
<ul style="list-style-type: none"> • (A) Team integration
<ul style="list-style-type: none"> • Attending and contributing to team meetings
<ul style="list-style-type: none"> • Attending supervision (where required).
<ul style="list-style-type: none"> • Attending centre management meetings as appropriate
<ul style="list-style-type: none"> • (B) GP Registrar recruitment and retention
<ul style="list-style-type: none"> • Apply for accreditation for the headspace centre to accept Registrar GP
<ul style="list-style-type: none"> • Contribute to induction and orientation of Registrar GP
<ul style="list-style-type: none"> • Weekly tutorial with Registrar GP
<ul style="list-style-type: none"> • Weekly supervision with Registrar GP (where required)
<ul style="list-style-type: none"> • Other support for Registrar GP as required
<ul style="list-style-type: none"> • Assessment of Registrar GP
<ul style="list-style-type: none"> • Evaluation of Registrar GP education and training program
<ul style="list-style-type: none"> • (C) Development and expansion of the headspace centre GP workforce
<ul style="list-style-type: none"> • Liaison with local GPs and key organisations
<ul style="list-style-type: none"> • Recruitment of GPs
<ul style="list-style-type: none"> • Contribute to induction and orientation of GPs
<ul style="list-style-type: none"> • Ongoing support of headspace centre GPs
<ul style="list-style-type: none"> • (D) Service Development and Quality Improvement
<ul style="list-style-type: none"> • Assist with establishing processes and safety systems for general practice (e.g. recalls/reminders, management of abnormal and clinically significant results)
<ul style="list-style-type: none"> • Assist in working towards AGPAL (or equivalent) accreditation of the centre.
<ul style="list-style-type: none"> • Assist with developing a directory of referral pathways for local services for use by GPs.
<ul style="list-style-type: none"> • Provide advice on the development and delivery of services across the headspace consortium from a GP perspective.
<ul style="list-style-type: none"> • Provide advice on the development and delivery of Clinical Governance systems in the centre
<ul style="list-style-type: none"> • Provide advice on internal and external service pathways
<ul style="list-style-type: none"> • Input into continuous quality improvement for services in the headspace centre
<ul style="list-style-type: none"> • Source, analyse and disseminate best practice approaches, current literature and research in relation to General Practice and Youth Health to headspace staff.
<ul style="list-style-type: none"> • Contribute to the planning and delivery of training, education or other events that engage local community GPs.
<ul style="list-style-type: none"> • Assist with developing improved access pathways or initiatives that relate to marginalised or priority groups